



---

## Purpose

The Council understands that employees may need to be absent from work from time to time due to sickness. This policy covers employees and the employer in handling time off from work where the reason for absence is sickness. Sickness absence needs to be managed so that an acceptable level of attendance can be achieved and any problems resolved.

This policy also outlines the process to be taken when an employee is incapable of carrying out their job role due to a long-term illness or disability, the outcome of which could be a transfer to another position or a dismissal on the grounds of capability.

## Sickness absence

“Sickness” is defined as an incapacity to carry out the duties and responsibilities which the employee is contractually obliged to do because of their illness or accident and resulting incapacity to work.

This policy therefore applies to absence caused by personal illness or accident, not to the need to take time off work because of the illness or accident of others, e.g. children or partners.

**Please note:** any employee who fails to comply with notification or certification procedures contained within this policy, or otherwise abuses the Council’s rules on sickness absence, should know that the matter will be dealt with under the disciplinary procedure.

## Procedure

### Notification

If employees are unable to attend work due to sickness absence, they must:

- In the case of the Village Hall cleaning operative, notify the Village Hall Management Committee as soon as practical on the first day of absence so that the Committee can arrange cover where necessary.
- In the case of the Village Litter Picker, notify the Clerk.
- In the case of the Clerk, notify the Chair of the Council and Staffing Committee.

They will need to explain why they are unable to attend and indicate when they will likely be able to return to work.

Because all of the Council's current employees do not work fixed days (with the exception of the Clerk's required attendance at meetings), the employee should contact their point of contact as outlined above when it becomes clear their work will be impacted by their sickness absence. For example, the litter picker may not be able to work during an entire one-week period, the Village Hall cleaner may not be able to clean the hall between bookings, or the Clerk may be unable to attend a scheduled meeting or prepare adequately.

### **Certification**

Absences should be certified via a note from a GP, or other relevant clinician, such as a nurse, occupational therapist, pharmacist, or physiotherapist working in a general practice or hospital setting. However if the employee is absent for seven calendar days or less in each instance, the employee may instead self-certify their absence.

For absences of seven consecutive calendar days or less, upon their return to work, a self-certification form should be completed and passed to the Clerk or, in the case of the Clerk, the Chair of the Council and Staffing Committee.

For absences of eight days or more, a fit note is required. Fit notes are issued by a medical professional working in a general practice or hospital setting, and should be passed to the Clerk, or in the case of the Clerk, the Chair of the Council and Staffing Committee, upon their return to work. The fit note should cover each day of absence and, if multiple fit notes are issued, they should be provided to the employee's line manager with a brief explanation of their absence, the condition and, if known, their expected return to work date or next medical appointment.

Failure to follow the certification process outlined above may be considered misconduct and may be dealt with under the Council's disciplinary process. Contractual sick pay and SSP (statutory sick pay) may be withheld during this time.

### **Return to work**

On return to work, the employee should report to the Clerk or, in the case of the Clerk, to the Chair of the Council and Staffing Committee. They will ask about the illness and recovery. They will also ask the employee to complete a self-certificate for the first seven days of illness. They need to countersign the self-certification form if the employee is to receive any sick pay for which they may be eligible. No matter how short the period of sickness, it must be covered by a self-certificate and/or doctor's certificate.

Please note: the seven days includes those days on which the employee does not normally work, e.g. weekends and public holidays.

In some circumstances a return to work interview will be arranged by the Chair of the Staffing Committee with the employee. The return to work interview will confirm the employee's fitness to return to work, update the employee on any changes that may have taken place in the workplace during their absence, and confirm whether any necessary support is required and make arrangements for this as appropriate.

The employee's sickness absence will be marked on the employee's personnel record.

### **Fit notes**

A fit note may make a recommendation for temporary changes to be made to the employee's working environment or conditions to facilitate a return to work. #

Where a fit note is marked as 'may be fit for work', the note usually sets out the possible alterations or amendments that could be made to the employee's working practices to facilitate their fitness for work. Examples of these are a phased return to work, amended duties, altered hours and/or workplace adaptations.

If the employee's doctor provides a certificate stating that the employee 'may be fit for work', the employee should inform the Clerk and Chair of the Staffing Committee immediately. The Council shall discuss with the employee whether there are any additional measures that may be needed to facilitate the employee's return to work, taking into account the doctor's advice. If appropriate measures cannot be taken, the employee will remain on sick leave and the Council will set a date to review the situation.

### *Adjustments to the employee's work*

The Council will send a letter confirming the discussion and any agreed adjustments that will be put in place, how long they are expected to last for, and set a date for a review of the measures. The changes should be temporary and should not be considered permanent changes to the terms and conditions, unless otherwise agreed.

A review will be arranged before the end of the adjustment period to assess their continued suitability against the employee's medical needs, and the needs of the business. It may be that any adjustments are continued, amended or stopped. A discussion will take place with the employee to confirm this.

### *Phased return*

Should a phased return be recommended by a medical professional, or if the Council deems it to be appropriate to help the employee settle back into work, this will be discussed with the employee. A plan will be put in place as to how the return will be managed, and review dates will be set with a view to building the employee back to their full duties and hours.

The Council will confirm in writing the employee's return to work plan. This should not be seen as a change to the employee's terms and conditions, and it may be subject to change depending on the employee's medical needs or the needs of the business.

## **Medical examination**

### **Occupational health**

If the Council has cause to be concerned about the employee's health, e.g. the employee has had a number of periods of sickness absence for the same reason in a short period, or the employee's absence has become long-term (defined by the Council as an absence lasting for four weeks or more) then the Staffing Committee may suggest that the employee undertake an assessment with the Council's preferred medical provider.

In certain circumstances, especially if the employee's sickness absence may impact on the employee's long-term employment, then the Council may ask the employee to consult a medical practitioner of its choice, to have the employee's fitness to work arrangements assessed and confirmed.

Should the Council seek further medical information, the employee will be provided with detailed information relating to the report, and the employee's access to it, and the employee will be asked to provide written consent.

### **Access to medical reports**

The Council may need to request a copy of the employee's medical report or medical records to assist in the assessment of the employee's medical condition. The employee's consent, in line with requirements under the Access to Medical Reports Act 1988, will be obtained prior to the Council making contact with the employee's GP and the employee is entitled to see a copy of the documentation provided. In line with data protection legislation, the employee will also be given details on the reason for the examination, what the Council intends to do with the data obtained and the lawful basis for processing the data.

Should medical information be obtained by either route, the Council will meet with the employee to discuss it. There may be changes required to the employee's work or the Council's processes as a result of the medical information obtained, in which case this will be discussed and agreed with the employee where business requirements allow. Any outcomes will subsequently be provided to the employee in writing.

## Frequent and short-term absences

### Trigger points

*Triggers for employees within their probationary period*

Criteria	Trigger
Number of absence events	2
Continuous calendar days of absence	10

*Triggers for employees who have completed their probationary period*

Criteria	Trigger
Number of absence events	4
Absence events totalling more than 10 working days (pro-rated)	2
Continuous calendar days of absence	28

Only one of the triggers needs to be reached for the line manager to be required to review the employee's sickness records.

### Informal meeting

The line manager should meet informally with the employee to discuss the fact that an absence trigger has been reached and to discuss necessary actions, such as implementing reasonable adjustments that may be necessary in relation to disability or other medical condition, or any possible formal disciplinary action. The line manager may establish that there is an underlying medical condition, and it may be that advice is required from an HR professional as to the best course of action to take. Should this be required, a further meeting will be held to discuss the outcome. Disciplinary procedures may not be necessary or appropriate in those circumstances.

A summary of the meeting will be kept for the employee's personnel file and a copy given to the employee.

### Escalation to formal proceedings

Following the informal meeting, should no improvement be seen in the sickness absence and/or a further trigger point be reached, an investigation into the absence will take place with the employee. A meeting will be held to discuss the absences, and again seek to

establish if there is an underlying cause that needs to be accommodated and/or further investigated. Should this not be the case, the employee's line manager may proceed to formal disciplinary action for high absence levels. A verbal warning may be the result of a subsequent disciplinary hearing.

Following a verbal warning, should further triggers be hit, and the absence continues to be a concern, further investigations will take place. Should the outcome of the investigation be that the absence levels remain unacceptable, then further disciplinary proceedings may take place. Should the previous warning still be in place, this may be built on following disciplinary proceedings with a written warning.

Following a written warning, should further triggers be hit, and the absence continue to be a concern, further investigations will take place. Should the outcome of the investigation be that the absence levels remain unacceptable, then further disciplinary proceedings may take place. Should the previous warning still be in place, this may be built on following disciplinary proceedings with a final written warning.

### **Dismissal**

Following a final written warning, should further triggers be hit, and the absence continue to be a concern, further investigations will take place. Should the outcome of the investigation be that the absence levels remain unacceptable, then further disciplinary proceedings may take place. Should the previous warning still be in place, this may be built on following disciplinary proceedings with a dismissal, following a full examination of the facts and where no reasonable adjustments are appropriate.

### **Long-term sickness**

While the Council is keen to assist employees who are absent, it cannot offer indefinite support. The Council will be eager to get any employees on long-term sickness absence back into the workplace as effectively as possible, but the employment may need to be terminated if this cannot be achieved. Once the employee has reached 28 weeks of sick leave, the Chair of the Staffing Committee will discuss with the employee their likely return to work date and what work duties they may be able to fulfil. If necessary, the Council will ask the employee's permission to approach their doctor or ask them to consult with a medical practitioner of the Council's choosing, in order to determine the likely length of the absence and identify any reasonable adjustments. If it appears that a return to work in the near future is not reasonably practicable, the Council will discuss the situation with the employee and it is possible that the employee's employment may be terminated under medical grounds.

The Council may require employees who are absent to return some or all of their equipment. This may be requested so that equipment can be redeployed to other

employees. Equipment will be returned to affected employees immediately upon their return to work.

If there are regular or persistent absences due to illness, injury, etc., the Council is unlikely to be able to support this indefinitely after making reasonable adjustments. Ultimately, employment may be terminated after full compliance with the Council's termination procedures in these circumstances. See the 'Dismissal' section below for more information.

Should this happen, the employee will receive pay in lieu of the employee's contractual or statutory notice period, whichever is longer, and any outstanding holiday pay. The employee may appeal against the decision to dismiss. Any appeal should be made in writing to the Staffing Committee within five working days. The employee has the right to be accompanied to the appeal hearing.

The employee is encouraged to reapply to join the Council once the employee is fit to return to work. If there is a suitable vacancy, the employee's application will be given sympathetic consideration.

### **Updates during sickness**

The employee is expected to keep their line manager updated with details of their health and expected date of returning to work.

Line managers will arrange periodic meetings with the employee to discuss their ongoing absence, so that each side is kept up-to-date with developments.

The location of these meetings will usually be at the employee's usual place of work but, if a virtual meeting or home visit is necessary due to the nature of the employee's absence, this can be accommodated.

### **Disability**

The Council has a duty to make reasonable adjustments where an employee has a disability covered by the Equality Act 2010.

If the absence is because of a disability or the illness leaves the employee in a mental or physical condition which falls within the definition of a disability, the Council will do whatever it can to make reasonable adjustments to their job to enable them to carry on working. If effective adjustments cannot be made, dismissal may have to take place.

The duty to make the adjustments is 'reasonable' so if the suggested adjustment is not viable it will not be made. It may also be the case that no reasonable adjustments are possible to facilitate a return. There may be no alternative roles or employment available and if there is no prospect of the employee being able to return to work in the near future, it may be inevitable that a decision to dismiss is the last and only option.

The duty to make reasonable adjustments covers elements such as making changes and adjustments to working hours, adjusting existing equipment, provision of different equipment, and amending workplace practices. It may also involve physical changes, such as to the building entrance points or alterations to the floor plan or furniture.

The employee will be consulted fully on these.

If the absence is because of the employee's association with another person who is disabled, then the Council will consider reasonable adjustments to enable them to keep their absence at a minimum.

### **Alternative employment**

If an employee is unable to continue in their current role due to ill health or disability, and no adjustments can be made, then the Council will make reasonable efforts to find suitable alternative employment within the Council. In these cases, the employee's terms and conditions may change from the current role to the alternative role, and necessary training will be provided.

### **Ill-health dismissal**

This process would be considered if the employee is unable to carry out their current duties and there are no suitable alternative roles identified within the Council.

Prior to considering dismissal, the Council will:

- Discuss the process with the employee
- Obtain medical opinion
- Consider any adaptations that can be made to their current role in line with the requirement to make reasonable adjustments under the Equality Act
- Consider any other suitable roles in the Council

### **Dismissal meeting**

A formal invite letter will be sent to the employee inviting them to attend a dismissal meeting, informing them that a possible outcome of this meeting is a dismissal based on capability. The employee has the right to be accompanied at the meeting by a trade union official or colleague.

At the meeting, the Chair of the Staffing Committee will:

- Discuss the reasons for the employee's absence
- Review the process so far in terms of support offered to allow the employee to continue in the role
- Offer the employee the opportunity to raise any concerns with the process, provide evidence or make representations

- Discuss the lack of availability of alternative roles
- Ensure detailed notes are taken in the meeting

If any new information comes to light in this meeting, the meeting will be adjourned to allow a full consideration of this information. The meeting will then be reconvened to inform the employee of the decision. Where a decision to dismiss is reached, this will be confirmed to the employee in writing.

Employees have the right to appeal against any dismissal decision. Further details on this right are set out in the Council's Disciplinary Policy.

## **Payment arrangements and insurance**

### **Statutory Sick Pay (SSP)**

For absences starting on or after 6 April 2026, all employees have a right to SSP regardless of income. SSP will be paid at 80% of normal weekly earnings or the uprated weekly flat rate of £123.25, whichever is lower.

For absences starting on or after 6 April 2026, SSP will be paid from the first full qualifying day of sickness absence, not from day four. A qualifying day is a day on which the employee is normally expected to work under the employee's contract of employment.

For absences starting before 6 April 2026, employees should refer to Version 1 of this policy which outlines eligibility and payment for SSP.

There is a limit of 28 weeks SSP in any one period of sickness or linked periods. Periods of sickness are said to be linked if the second period starts within eight weeks of the end of the first period.

SSP payments are made subject to tax and national insurance deductions.

### **Council sick pay scheme**

The Council sick pay scheme is as defined in the employee's contract of employment and is related to the employee's length of service with the Council. Payments such as commission, bonuses and other variable payments will not be made.

Sick pay from the Council includes any entitlement the employee may have to SSP. Once payment from the Council ceases, the employee will still be entitled to SSP for up to 28 weeks sickness in total.

An employee's entitlement to sick pay from the Council will be triggered by absence periods of four days or more.

The Council reserves the right to refuse to pay sick pay (including SSP) if it has reasonable cause to think that the employee is not genuinely sick, or if it has cause to believe that the employee is abusing the sick pay scheme.

### **Pre-booked annual leave and sickness**

Should an employee fall sick during a pre-booked period of annual leave, then they may ask for the annual leave period to be rearranged. Should this arise, the employee will need to provide some form of medical proof of their sickness, such as a fit note. Where the annual leave is rearranged, the original period will be treated as sick leave and be paid in accordance with the sick pay entitlements. Should this sickness absence lead to absence levels triggering the next stage in the above-mentioned procedure, then it will be dealt with accordingly.

### **Absence for reasons other than sickness**

Long-term absences for reasons other than sickness, such as career breaks or time off for long distance travel, will be considered by line managers at the request of an employee. The request will be considered in line with business needs and operational requirements prior to being authorised.

Unauthorised absences will be dealt with via the Council's Disciplinary Policy.

### **Protecting the employee's data**

All personal data obtained during sickness absence procedures will be handled with the utmost integrity and confidentiality and in line with our data protection policy. Employees may be reminded of the types of data the Council holds, including data on health, and our practices in relation to that data by reviewing the Council's GDPR Privacy Notice for Employees and Councillors.

*This is a non-contractual procedure which will be reviewed from time to time.*

*Date of policy: April 2026*

*Approving committee: Staffing Committee*

*Date of committee meeting: 02/04/2026*

*Policy version reference: Version 1*

*Supersedes: Sickness Absence & Medical*

*Capability Policy V1 (May 2024)*

*Policy effective from: 02/04/2026*

*Reviewed: 05/05/2026*

*Date for next review: May 2027*